

HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential
and will become part of your medical record.

Name (Last, First, M.I.):	<input type="radio"/> M <input type="radio"/> F	DOB:
Marital status: <input type="radio"/> Single <input type="radio"/> Partnered <input type="radio"/> Married <input type="radio"/> Separated <input type="radio"/> Divorced <input type="radio"/> Widowed		
Previous or referring doctor:	Date of last physical exam:	

PERSONAL HEALTH HISTORY

Childhood illness:	<input type="checkbox"/> Measles	<input type="checkbox"/> Mumps	<input type="checkbox"/> Rubella	<input type="checkbox"/> Chickenpox	<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Polio
Immunizations and dates:	<input type="checkbox"/> Tetanus			<input type="checkbox"/> Pneumonia		
	<input type="checkbox"/> Hepatitis			<input type="checkbox"/> Chickenpox		
	<input type="checkbox"/> Influenza			<input type="checkbox"/> MMR <i>Measles, Mumps, Rubella</i>		

List any medical problems that other doctors have diagnosed

Surgeries

Year	Reason	Hospital

Other hospitalizations

Year	Reason	Hospital

Have you ever had a blood transfusion?

☐ Yes ☐ No

Please turn to next page

List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers

Name the Drug	Strength	Frequency Taken

Allergies to medications

Name the Drug	Reaction You Had

HEALTH HABITS AND PERSONAL SAFETY

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Exercise	<input type="checkbox"/> Sedentary (No exercise)			
	<input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)			
	<input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)			
	<input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)			
Diet	Are you dieting?		<input type="radio"/> Yes <input type="radio"/> No	
	If yes, are you on a physician prescribed medical diet?		<input type="radio"/> Yes <input type="radio"/> No	
	# of meals you eat in an average day?			
	Rank salt intake	<input type="radio"/> Hi <input type="radio"/> Med <input type="radio"/> Low		
	Rank fat intake	<input type="radio"/> Hi <input type="radio"/> Med <input type="radio"/> Low		
Caffeine	<input type="checkbox"/> None	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea	<input type="checkbox"/> Cola
	# of cups/cans per day?			
Alcohol	Do you drink alcohol?		<input type="radio"/> Yes <input type="radio"/> No	
	If yes, what kind?			
	How many drinks per week?			
Tobacco	Do you use tobacco?		<input type="radio"/> Yes <input type="radio"/> No	
	<input type="checkbox"/> Cigarettes – pks./day	<input type="checkbox"/> Chew - #/day	<input type="checkbox"/> Pipe - #/day	<input type="checkbox"/> Cigars - #/day
	<input type="checkbox"/> # of years	<input type="checkbox"/> Or year quit		
Drugs	Do you currently use recreational drugs?		<input type="radio"/> Yes <input type="radio"/> No	
Personal Safety	Do you live alone?		<input type="radio"/> Yes <input type="radio"/> No	
	Do you have frequent falls?		<input type="radio"/> Yes <input type="radio"/> No	
	Do you have vision or hearing loss?		<input type="radio"/> Yes <input type="radio"/> No	
	Do you have an Advance Directive or Living Will?		<input type="radio"/> Yes <input type="radio"/> No	

FAMILY HEALTH HISTORY

AGE		SIGNIFICANT HEALTH PROBLEMS		AGE		SIGNIFICANT HEALTH PROBLEMS	
Father				Children	<input type="checkbox"/> M		
Mother					<input type="checkbox"/> F		
Sibling	<input type="checkbox"/> M				<input type="checkbox"/> M		
	<input type="checkbox"/> F				<input type="checkbox"/> F		
	<input type="checkbox"/> M			<input type="checkbox"/> M			
	<input type="checkbox"/> F			<input type="checkbox"/> F			
	<input type="checkbox"/> M			<input type="checkbox"/> M			
	<input type="checkbox"/> F			<input type="checkbox"/> F			
	<input type="checkbox"/> M			Grandmother			
	<input type="checkbox"/> F			Maternal			
	<input type="checkbox"/> M			Grandfather			
	<input type="checkbox"/> F			Maternal			
<input type="checkbox"/> M			Grandmother				
<input type="checkbox"/> F			Paternal				
<input type="checkbox"/> M			Grandfather				
<input type="checkbox"/> F			Paternal				

OTHER PROBLEMS

<input type="checkbox"/> Skin	<input type="checkbox"/> Chest/Heart	<input type="checkbox"/> Recent changes in:
<input type="checkbox"/> Head/Neck	<input type="checkbox"/> Back	<input type="checkbox"/> Weight
<input type="checkbox"/> Ears	<input type="checkbox"/> Intestinal	<input type="checkbox"/> Energy level
<input type="checkbox"/> Nose	<input type="checkbox"/> Bladder	<input type="checkbox"/> Ability to sleep
<input type="checkbox"/> Throat	<input type="checkbox"/> Bowel	<input type="checkbox"/> Other pain/discomfort:
<input type="checkbox"/> Lungs	<input type="checkbox"/> Circulation	